

# Distributed: November 10, 2014

## 2014-2015 Harpswell Recreation Ski/Board and Learn to Ski and Snowboard Program at Lost Valley



#### WHO?

- Children age 7 through 8th grade that are a minimum of 48 inches tall for lessons.
- Adults, teens and families in Harpswell. No lessons available for adults or children above 8th grade.
- ♦ Children in grades 1—5 AND children new to the program (grades 1—8) must be accompanied by a parent or guardian the for at least the first two sessions.
  - Children under age 7 or 48 inches are welcome with a parent but do not qualify for lessons.

#### WHEN?

- ♦ Fridays: January 9 through February 13 (6 weeks) from 5:30-7:30 pm.
  - ♦ Lessons: 5:30-6 & 7-7:30 pm free time; 6:00-7:00 pm lesson.
    - ♦ Ski/Board: 2 hour pass from 5:30-7:30 pm.

#### HOW?

A bus will run from Harpswell Community School to Lost Valley and back. Any school-aged participant or parent may ride the bus. The bus leaves Harpswell Community School at 3:45 and will return around 9:00. High and Middle Schoolers—please find transportation (this can be your regular bus and get dropped off at HCS).

#### **EQUIPMENT**

A pre-fitting for equipment rentals will be held on December 18th, 5:00 pm at the Brunswick Recreation Center. Those who are not pre-fitted will miss part of their time at the first session. \*\*This is also where you will sign the permission form for the rentals for your child, so it is important that you attend.

#### **HELMETS**

Helmets are now available at Lost Valley and are <u>NOW REQUIRED</u> by Harpswell Recreation. No helmet, no skiing or boarding. If you need a helmet for your child they are available for rent outside of the rental package at Lost Valley for \$10. This will be enforced by our chaperones at Lost Valley.

#### **SKI/RIDE TIME**

Beginners can practice on the beginners slope before & after lessons. Ski/ride time for those not taking lessons 5:30-7:30 pm. Young children should be supervised by a parent/guardian.

#### **LESSONS**

**1 hour lesson** from 6:00-7:00 pm. If your child is signed up for lessons, an announcement will be made when it is time to report for lessons. Cones and numbers will be used to denote classes. Class lists will be posted. The half hour before lessons is free time (to eat dinner) or practicing in the corral area on the slope.

### **LIFT TICKETS**

Tickets will be distributed each session in the lodge dining area. A Harpswell parent or representative will be stationed in the lodge to distribute tickets, answer questions and help kids.

#### **BE ADVISED**

Ski/Board levels 1 and 2 may not be capable of riding the chairlift during the first few weeks. These students can gather in the learning coral to work on skills.

First through fifth graders in level 1 must be accompanied by a parent/guardian until they are able to ride the chairlift.

## **INCLEMENT WEATHER/CANCELLATIONS**

A decision not to go will be made by 1:00 pm on the Friday of the event. HCS will be notified and asked to make an announcement. The receptionist at the Town Office will also be informed and parents may call the Town Office at 833-5771. Cancellations will also be posted on the Harpswell Recreation Facebook page.

#### ADDITIONAL INFORMATION

Once you are registered for this program additional information will follow as we get closer to the start date. If you have any questions in the meantime please contact Gina Perow at 833-5771 or recreation@town.harpswell.me.us.

## SKI/RIDE LEVELS

\*\*Be sure to put your child's level on the registration page\*\*

#### Level 1

• **Ski:** You have never skied before.

**Snowboard:** You have never snowboarded before.

#### Level 2

Ski: You have skied before and can stop in a wedge.

**Snowboard:** You can perform a skidded traverse on both heel-side and toe-side edges and can stop.

#### Level 3

• **Ski:** You are comfortable making wedge turns on easier green runs.

**Snowboard:** You can perform skidded traverses in both directions with confidence and can make basic turns in both directions.

#### Level 4

• **Ski:**You are beginning to match your skis at the end of each turn. You are comfortable on green runs. **Snowboard:**You can turn in both directions with speed control and are working on linking turns.

#### Level 5

• **Ski:**You are matching your skis earlier in each turn. You ski green and easier blue runs.

Snowboard: You are linking skidded turns with good speed control and shape, and are seeking more challenging terrain.

#### Level 6

• **Ski:**You match your skis near the beginning of each turn, and you ski a mixture of blue and green runs.

Snowboard: You are confident on most intermediate terrain under good conditions and are beginning to carve turns.

### Level 7

• Ski:You are comfortable making open parallel turns with a pole plant on green and blue runs.

**Snowboard:**You are comfortable on all intermediate terrain under good conditions. You are fine-tuning carved turns and seeking more challenging terrain including bumps and varying snow conditions.

#### Level 8

• Ski: You can make short, controlled parallel turns on blue and most black runs.

**Snowboard:**You are confident performing carved turns and are refining technique in all snow conditions and terrain.

### Level 9

• **Ski:**You make strong, linked parallel turns on black runs in a variety of conditions.

**Snowboard:**You can negotiate the entire mountain with confidence and ease, working on the fine points of efficiency and exploring the extremes of riding.

# 2014-2015 Lost Valley Ski and Snowboard Registration

## **REGISTRATION INFORMATION**

Parent/Guardian Na	ame				
Address:		Town		Zip_	
Email:					
	oneOther Phone				
	EMERGENCY II	NFORMATION			
Childs Physician:		Phone:			
Childs Dentist:		Phone:			
Emergency Contac	t between 3:00 and 9:00 pm				
Relationship to Re	gistrant	All Phone #'s			
	TRANSPORTATIO	N INFORMATION			
	Child will travel TO Lost Valley b	y:CAR	BUS		
	Child will travel BACK by:	CAR	BUS		
Driver Name:		I will be at Lost	t Valley:	Yes	No

## 2014-2015 Lost Valley Ski and Snowboard Registration

\*\*\$25 Late Fee Per Participant AFTER December 10, 2014\*\*

Package A: 1 hour l	PACKAC lesson & 1 hour ticket with your (	GE OPTIONS	nent =		\$125	
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Package B: 2 hours	ski/ride ticket with your OWN eq	iuipment =	• • • • • • • • • • • • • • • • • • • •	••••••	·····\$75	
Package C: 1 hour le	esson & 1 hour ticket with 2 hou	r RENTAL eq	uipment =		\$195	
Package D: 2 hour:	ski/ride ticket with 2 hour RENTA	AL equipmer	ıt =		\$155	
ļ	Participants	DOB	Ski or	Lesson Ability Level	Package Letter	\$ TOT
NTS	First and Last Name (Kids and Adults)		Snow- board?	(See page 2)	from above	From A
of chaperones		+				

(A limited number of and ticket/lodge chaperone may receive a free ticket, please inquire with Harpswell Rec for details).

Check appropriate boxes.

sit in the lodge

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☐ I can help children with rentals					SUBTOTAL	
☐ I can help students find classes						
Tearrier students find classes	Late fee if after December 10 \$25					
_ lan ban bus shanarans					_	
☐ I can be a bus chaperone					CDAND TOTAL	
					GRAND TOTAL	—
□ I can give out tickets and						

SUBTOTAL		
fee if after December 10 \$25		
	GRAND TOTAL	

Make checks payable to: Town of Harpswell **Cash and Credit Cards accepted** Mail to: PO Box 39 Harpswell, Maine 04079 or drop off at Town Office

R4150

## Harpswell Recreation Ski and Snowboarding

## **Behavior Agreement**

Harpswell Recreation programs, while not a part of MSAD 75, are an extension of the school. We always abide by school/district rules. In addition, during out time at Lost Valley we are representing the Town and our school; it is very important that skiers and riders demonstrate appropriate behavior on the bus to and from Lost Valley, at the Lodge and on the slopes. Please go over this form with your child(ren) and by signing below, both you and your child are agreeing to these expectations. Thank you for helping us to ensure a safe and fun trip for all!

#### **Bus Behavior**

Disobeying MSAD 75 bus rules will result in:

1st offense: Warning.

2<sup>nd</sup> offense: Parents will be responsible for riding the bus with their children.

3<sup>rd</sup> offense: Total loss of bus privileges for the season. Alternate transportation will need to be provided.

### Lodge Behavior:

Disobeying lodge rules and/or inappropriate behavior/language will result in:

1st offense: Warning.

2<sup>nd</sup> offense: Miss the following ski/ride session.

3<sup>rd</sup> offense: Loss of ski/ride program privileges for season.

#### Helmets:

Kids 18 & younger are now required to wear a helmet while engaging in ski/ride activity. Disobeying this rule will result in:

1<sup>st</sup> offense: Ticket will be forfeited for the remainder of the night.

2<sup>nd</sup> offense: Forfeit ticket for remainder of night and miss the following ski/ride session.

3<sup>rd</sup> offense: Loss of ski/ride program privileges for season.

## Laptops:

School provided laptops are not permitted on the ski/ride bus or in the lodge at Lost Valley. They will be kept in a secure location until return to Harpswell Community School and then given back to your child.

Parent Signature	Date
Child Signature	Date
Child Signature	Date

Please see reverse side for release and signatures.

#### LOST VALLEY SKI AREA

#### AUBURN, ME and HARPSWELL RECREATION

# WARNING, ASSUMPTION OF THE RISK, LIABILITY RELEASE, INDEMNITY AND HOLD HARMLESS AGREEMENT AND AGREEMENT NOT TO SUE PLEASE READ CAREFULLY BEFORE SIGNING

## **WARNING**

Each person who participates in the sport of skiing accepts, as a matter of law, the risks inherent in the sport. "Inherent risks of skiing" means those dangers or conditions that are an integral part of the sport of skiing, including, but not limited to: existing and changing weather conditions; existing and changing snow conditions; surface or subsurface conditions; trees and other natural objects and collisions with or falls resulting from such natural objects; lift towers, hydrants, snowmaking and snow-grooming equipment, trail maintenance vehicles, snowmobiles, and other man-made structures or objects; collisions with or falls resulting from such man-made objects; variations in steepness or terrain; snowmaking and snow-grooming operations; freestyle terrain, jumps, roads and catwalks and other terrain modifications; the presence of and collisions with other skiers; and the failure of skiers to ski safely, in control or within their own abilities.

I understand that skiing, snowboarding and related activities are HAZARDOUS and that injuries are common and ordinary occurrences during these activities. I AGREE FREELY AND VOLUNTARILY ASSUME ALL RISKS, including the risk of death, injury or damage associated with being permitted to use the ski area and its premises.

I hereby agree for myself, and for anyone on my behalf, to the fullest extent allowed by law, TO RELEASE, INDEMNIFY, AND HOLD HARMLESS Lost Valley Ski Area and Harpswell Recreation, its owners, directors, officers, employees and agents, from any and all responsibility and legal liability for any property damage, personal injury, damages or death based upon any cause or claim arising from my use of the ski area and its premises, including any claim of breach of contract, or other legal theory, including NEGLIGENCE, directly or indirectly.

I PROMISE NOT TO SUE Lost Valley Ski Area or Harpswell Recreation, its owners, directors, officers, employees, and agents, and to INDEMNIFY, HOLD HARMLESS AND DEFEND them if any claim or action is pursued, for any injuries, damages or death I may sustain associated with my being permitted to use the ski area and its premises. Should any claim or action be asserted in contravention of this agreement, I or my successors shall be liable for all expenses, INCLUDING LEGAL FEES, incurred by the party or parties against whom the claim or action is asserted. I agree that should a claim or action be brought, it shall be submitted to the jurisdiction of the State or Federal Court in the State of Maine, and no other jurisdiction, and shall be governed by the laws of the State of Maine.

I understand this agreement is intended to provide a COMPREHENSIVE RELEASE OF ALL LEGAL LIABILITY which is binding upon me, my heirs, agents and assignments, that it is not intended to assert any claims or defenses that are prohibited by law, and that if any part of this agreement is held to be invalid or unenforceable, the remainder shall be given full force and effect.

As the parent/guardian with legal responsibility of the minor pass holder(s), named below, I verify that I have the authority to enter into this agreement on behalf of the minor child. I have read, understood and agree that the minor child and anyone on behalf of the minor child, including me, is bound by the terms of this WARNING, ASSUMPTION OF THE RISK, LIABILITY RELEASE, INDEMNITY AND HOLD HARMLESS AGREEMENT AND AGREEMENT NOT TO SUE. Furthermore, if any claim or action is brought in contravention of this agreement, including any claim alleging NEGLIGENCE, I agree to INDEMNITY, HOLD HARMLESS AND DEFEND, Lost Valley Ski Area and Harpswell Recreation, its owners, directors, officers, employees, agents and sponsors, for any and all expenses incurred INCLUDING LEGAL FEES, and any DAMAGES for which they may be adjudged legally liable to pay.

Student Name	Student Signature (If 18 yrs. of age)	Date	Date of Birth	Ski/Board Lesson Level	
Student Name	Student Signature (If 18 yrs. of age)	Date	Date of Birth	Ski/Board Lesson Level	
Parent or Legal Guardian Name	Parent or Guardian Signature	Date	Work Phone, Home Phone, and Cell Phone		